IPOKRaTES FOUNDATION

Clinical Seminar

From fetus to newborn: challenges in perinatology

ULTRASPAZIO CLUB, Palazzo Costa Carrù della Trinità,
Via San Francesco da Paola 17, 10123 Torino, Italy
Date: 20 – 22 May 2026

Objectives

IPOKRaTES seminars provide high-quality postgraduate education, enabling professionals to remain abreast of the most recent developments and to discuss clinical problems and scientific issues directly with international experts.

The distinctive feature of this seminar is to bring together gynecologists and neonatologists and explore perinatological issues through a multidisciplinary approach.

Main objectives of the seminar are:

- to address controversies related to management of high risk pregnancies and critically ill newborns in the first weeks of life, including delivery room care, respiratory support, infection control, hemodynamics, nutrition and neuroprotection.

- to explore the topic of extremely preterm infants at the limit of viability, focusing on both clinical management and family counseling.

Lecturers

Giuseppe Annoni, MD	Head of the Pediatric Hemodynamics Laboratory and Adult Congenital Heart Disease Unit, Pediatric Cardiology Regina Margherita Children's Hospital A.O.U. Città della Salute e della Scienza of Turin, Turin, Italy
Kathleen G. Brennan, MD	Assistant Professor of Pediatrics at CUMC Associate Clerkship Director, Pediatric Medical Student Education Associate Program Director, Neonatal Perinatal Medicine Fellowship Columbia University Medical Center New York Presbyterian Hospital – Children's Hospital of New York, New York, USA
Monica Fumagalli, MD	Professor of Pediatrics NICU Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico University of Milan, Department of Clinical Sciences and Community Health, Milan, Italy

Information/Registration

IPOKRaTES Head Office
Rosengartenplatz 2,
68161 Mannheim / Germany
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+49 (0)621 4106 – 80134
ipokrates@mcon-mannheim.de
www.ipokrates.info

Participation Fees

Costs for overnight accommodation and meals are not included

Single person

before March 25, 2026	€ 350,–
after March 25, 2026	€ 400,–

The Number of Participants is limited to 70

Please Note:
Only registered participants, NO on site registration! Please register via Internet:
www.ipokrates.info

Host

D.ssa Caterina Carbonara (MD, PhD) and Dott. Emmanuele Mastretta (MD, PhD)

S. C. Neonatology and Neonatal Intensive Care Unit

Sant'Anna Obstetrics and Gynecology Hospital

A.O.U. Città della Salute e della Scienza, Turin, Italy

Program Design

M. Francesca Campagnoli, MD, PhD, Turin, Italy

Target Audience

Neonatologists and Neonatal Intensivists, Pediatricians, Neonatal Fellows and Trainees, Gynecologists, Obstetrics, Nurses working in NICUs

Major Sponsor

Dräger

Nestlé Nutrition Institute

Under the patronage of the Italian Society of Neonatology:

SIN Società Italiana di Neonatologia

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Lecturers

Tina A. Leone, MD	Associate Professor of Pediatrics, Columbia, University Medical Center and Neonatal Perinatal Medicine Training Program Director, New York NY, USA
Josef Neu MD, Professor	Co-Director Neonatal-Perinatal Medicine Fellowship Program Division of Neonatology, Department of Pediatrics, College of Medicine University of Florida, Gainesville FL, USA
Richard Polin, MD	New York-Presbyterian Children's Hospital-Columbia and Cornell Columbia University Department Pediatrics, New York NY, USA
George Saade, MD	Professor and Chair of Obstetrics and Gynecology and the Associate Dean for Women's Health, VHS-Eastern Virginia Medical School, Norfolk VA, USA
Richard Sindelar, MD PhD	Professor of Neonatology, Senior Consultant in Neonatology Department of Women's and Children's Health Uppsala University Children's Hospital, Uppsala, Sweden

Program

Wednesday, 20 May 2026

08.50 - 09.10	Welcome
09.10 - 09.50	Preterm labor: maternal management *George Saade*
09.50 - 10.50	Supporting breathing at birth: are we doing our best? *Tina A. Leone*
10.50 - 11.05	Discussions
11.05 - 11.25	Coffee Break
11.25 - 12.05	Preterm labor: fetal management *George Saade*
12.05 - 13.05	Individualized, dynamic nutrition for preterm infants *Josef Neu*
13.05 - 13.20	Discussions
13.20 - 14.40	Lunch
14.40 - 15.40	Life in the NICU without antibiotics: making healthier babies *Richard Polin*
15.40 - 16.30	Shifting the paradigm of "Necrotizing enterocolitis": is it necessary? *Josef Neu*
16.30 - 17.15	The Swedish experience on the management of babies Born 22 to 23 weeks - background and practice *Richard Sindelar*
17.15 - 17.30	Discussions
17.30	Conclusion

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Program

Thursday, 21 May 2026

08.30 - 09.20	Nutrition for periviable infants: what makes them special? *Josef Neu*
09.20 - 10.10	Periviable period from the obstetrical perspective *George Saade*
10.10 - 10.35	Tools and strategies for a successful extubation *Richard Sindelar*
10.35 - 10.50	Discussions
10.50 - 11.10	Coffee Break
11.10 - 12.10	Can we improve clinical outcomes by closing a PDA? *Richard Polin, Richard Sindelar*
12.10 - 12.40	Percutaneous closure of PDA *Giuseppe A. Annoni*
12.40 - 12.55	Discussions
12.55 - 14.15	Lunch
14.15 - 15.05	Counseling for families at risk of delivery at periviable gestation (online lecture) *Kathleen G. Brennan*
15.05 - 15.15	Discussions
15.15 - 16.15	Making the circulatory transition at birth and beyond *Tina A. Leone*
16.15 - 17.05	Strategies for prevention of BPD *Richard Polin*
17.05 - 17.20	Discussions
17.20	Conclusion

Friday, 22 May 2026

08.30 - 09.30	Long term risks for women who have pregnancy complications *George Saade*
09.30 - 10.30	Teamwork and leadership in newborn resuscitation *Tina A. Leone*
10.30 - 10.45	Discussions
10.45 - 11.05	Coffee Break
11.05 - 11.50	Optimizing ventilatory strategies in extremely preterm infants *Richard Sindelar*
11.50 - 12.50	Neuroprotective strategies and IVH prevention in preterm newborn *Monica Fumagalli*
12.50 - 13.15	Discussions
13.15	Conclusions and farewell

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